

## Welcome to the PRICES-HPH Online Survey for HPH hospitals!

First of all, thank you very much for supporting this evaluation study about the International Network of Health Promoting Hospitals and Health Services with your participation. Your national / regional HPH network is one of over 30 networks taking part in PRICES-HPH, which is coordinated by the WHO Collaborating Centre for Health Promotion in Hospitals and Health Care, Vienna (WHO-CC) in cooperation with the general assembly of the international HPH Network and the coordinators of the national / regional HPH networks. For further information about the aims, research questions and design of PRICES-HPH, please go to <http://www.hph-hc.cc/projects.php>, ask your network coordinator or contact us via the address given at the bottom of this introductory page.

Please go carefully through the following instructions before starting to complete the questionnaire.

### Who should complete the questionnaire?

The questionnaire addresses the HPH coordinators / focal persons (or similar roles) in all HPH member hospitals. You are invited to take part in the survey, because you were named to us by your national / regional network coordinator as the focal person for your hospital. It might also be helpful to answer the questionnaire together with colleagues (e.g. from your HPH team) in order to get a more comprehensive picture and to share the work.

This study focus on hospitals and hospital settings of health services. Other services could be considered eventually in the near future.

### Technical notes on completing the questionnaire

- It will take about 2 hours on average to complete the questionnaire (we are sorry we could not make it any shorter).
- You don't have to complete the questionnaire in one session – you can make a break (i.e. close the online questionnaire or shut down your PC) any time you want! The online questionnaire will save and remember your answers. Whenever you want to continue, just re-enter your personal WWW-Link.
- At the end of the questionnaire, you will find a SEND button for submitting the completed form. Once you have pressed this button, your data will be automatically transferred into the online system. (ATTENTION: After having pressed the SEND button, your WWW-Link will expire, and you will not be able to make any amendments to your answers)
- You might find it useful (e.g. for discussing some questions with a colleague) to have a printed form of the questionnaire before entering data in the electronic system. For this purpose, you can find a PDF file of the questionnaire in your mother tongue on the WHO-CC Website: <http://www.hph-hc.cc/projects.php>
- Most questions can be completed by ticking the answer that is most appropriate to you. But there are also some open questions and “other which” questions that require a written answer. You can of course answer these questions in your mother tongue, but it would be very helpful if you could complete them in English.
- The deadline for completing the questionnaire is 31.12.2009. After this date, your WWW-Link will automatically expire.

**How is the confidentiality of data guaranteed?**

The Vienna WHO-CC is committed to principles of data protection. These include:

- No transfer of collected data to third persons or institutions
- No reports or publications that allow identifying single hospitals.

**What about the results?**

All participating hospitals will receive a report on their national / regional network including a summary of hospital results (descriptive data on the overall sample, no single hospital data) and a comparison your network results with the overall international data set.

**Take your chance to win - 1.000 Euro will be given away!**

By participating in the PRICES-HPH survey you can win one of 6 prizes (the first prize is 500 Euro, prizes 2 to 6 are 100 Euro each). Amongst all submitters, the winners will be drawn in a lottery. The drawing is held (without legal prejudice) at the International HPH Conference in Manchester, April 2010.

We hope your participation in this survey will also help you and your hospital in the further developing of health promotion.

Prof. Dr. Jürgen M. Pelikan

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at Ludwig Boltzmann Institute Health Promotion Research

**In case of any other questions or technical problems contact us ...**

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# PRICES-HPH: Questionnaire for Health Promotion Focal Points / Coordinators in Health Promoting Hospitals

1. Please choose your Language

## Part 1: General information about your hospital

2. Please state the name of your hospital:

3. What type of specialisation does your hospital belong to?

General hospital (mainly acute)

Psychiatric hospital

Children's hospital

Obstetrics and gynaecology hospital

Orthopaedic Hospital

Chemical dependency facility

Rehabilitation facility

Geriatric hospital

Other long-term facility

Other, which:

4. What is the teaching status of your hospital?

(1) Non teaching

(2) Minor teaching (e.g. graduate medical education)

(3) Major teaching (e.g. academic medical centre / university hospital)

5. What is the accessibility status of your hospital?

(1) Public

(2) Non-Public (e.g. only accessible for specific insurance clients, out-of-pocket payment)

6. Is your hospital a non-profit or a for-profit organisation?

(1) Non-profit

(2) For-profit

7. Who is the owner of your hospital?

(1) Government, federal

(2) Government, non-federal (e.g. province, local authority)

(3) Insurance fund (e.g. health, accident, pension or private insurance fund)

(4) Welfare association

(5) Religious order

(6) Private individual(s), private company, club or foundation

8. Is health promotion a legal mandate of your hospital? (e.g. by health policy)

(1) No

(2) Yes, for patients

(3) Yes, for hospital staff

(4) Yes, for the community

*Multiple answers possible*

9. Is your hospital part of a hospital trust (alliance/group of hospitals or health care services)?

(1) No, the hospital is a "stand-alone" organisation

(2) Yes, the hospital is part of a trust

10. If yes: Do other hospitals of this trust also belong to the national / regional HPH network?

(1) No

(2) Yes, some

	(3) Yes, all
11. In what type of community is your hospital located?	(1) Village, hamlet or rural area (fewer than 3 000 people) (2) Small town (3 000 to about 15 000 people) (3) Town (15 000 to about 100 000 people) (4) City (100 000 to about 1 000 000 people) (5) A large city (with over 1 000 000 people)
12. Please describe your hospital in some selected figures:	(1) Number of hospital beds (2) Number of inpatients treated last year (3) Average length of stay for inpatients (in days) (4) Number of outpatients treated last year (5) Occupancy rate for the whole hospital (in %)
13. Please list the number of staff in the different professional groups in your hospital:	(1) Physicians (2) Nurses (including assistant nurses) (3) Other health professionals (e.g. therapists, technicians, pharmacists, auxiliary health professionals) (4) Management and administration (5) Support services (e.g. cleaning, kitchen) (6) All other hospital personnel not included above
<b>Part 2: Current status of HPH membership of your hospital</b>	
14. What HPH network does your hospital belong to?	
15. When did your hospital join the national / regional HPH network?	In the year
16. Is your hospital member of the International HPH network?	(1) No (2) Yes
17. If yes: When did your hospital join the International HPH network?	In the year
18. Who are the principal <b>internal</b> supporters of HPH in your hospital?  <i>Multiple answers possible</i>	(1) Executive management of hospital (2) Medical director (3) Director of nursing (4) General hospital manager (5) Quality management unit (6) Health promotion unit (7) Health promotion committee (8) HPH coordinator (9) Department management (10) Physicians (11) Nurses (including assistant nurses)

	(12) Other health professionals (e.g. therapists, technicians, pharmacists, auxiliary health professionals)
	(13) Administration
	(14) Support services
	(15) Hospital's shop committee / work council
	(16) Other, which:
19. Who are the principal <b>external</b> supporters of HPH in your hospital?  <i>Multiple answers possible</i>	(1) Politicians
	(2) Hospital owner
	(3) Executive management of trust
	(4) External public health / health promotion specialists
	(5) Professional associations
	(6) Staff unions
	(7) Patient associations
	(8) The national / regional HPH network
	(9) Other, which:
20. What are the main reasons of the hospital for being a member of the HPH network?  <i>Multiple answers possible</i>	(1) To give the hospital an international approach
	(2) To improve the reputation of the hospital
	(3) To fulfil requirements of health policy
	(4) To meet expectations of patient associations / groups
	(5) To improve the position of the hospital in a competitive health market
	(6) To improve reorientation of the hospital management towards health promotion
	(7) To improve quality management in the hospital
	(8) To improve the health gain of hospital patients
	(9) To improve the health gain of hospital staff (e.g. by workplace health promotion)
	(10) To improve the health gain of the community
	(11) To reduce turnover rates of hospital staff
	(12) To reduce re-admission of patients
	(13) To attract more patients
	(14) To gain access to project funds
	(15) To gain access to HPH knowledge and tools
	(16) To improve exchange on health promotion with other hospitals
	(17) Other, which:
21. According to your opinion: In how far was health promotion implemented in your hospital <b>before joining</b> the HPH network?	(1) Fully
	(2) Widely
	(3) Partly

	(4) Hardly
	(5) Not at all
	(6) Don't know

### Part 3: Support from the international HPH network

22. According to your opinion, how useful are the following <b>international network</b> media / events for HPH implementation in your hospital?	(1) Very useful (2) Useful (3) Partly useful (4) Hardly useful (5) Not at all useful (6) Don't know
a) International HPH Conference	
b) WHO Summer School	
c) International HPH Newsletter	
d) International HPH tools and materials	
e) HPH task forces	
f) Website of Copenhagen WHO-CC	
g) Website of Vienna WHO-CC	

### Part 4: Support from the national / regional HPH network

23. Please specify for each of the following services or activities on the level of your <b>national / regional</b> HPH Network: Does this service / activity exist in your network, and is it used by your hospital?	Service/activity <b>is used</b> by the hospital (1) Yes (2) No, we don't use it (3) No, service does not exist (4) Don't know
a) Information package on HPH	
b) Regulations and guidelines for national / regional and international HPH membership	
c) Website with information on HPH	
d) Network Newsletter (either printed or electronic)	
e) Telephone hotline for specific questions	
f) Annual network conference	
g) Specific training on HPH (e.g. on implementation or evaluation issues)	
h) HPH related implementation tools (e.g. guidelines, handbooks)	
i) Consultation for implementation (e.g. on-site consultation)	
j) HPH related evaluation tools (e.g. guidelines, handbook, indicators)	
k) Specific national / regional task force(s) or working group(s)	
l) Peer support to facilitate exchange between members / for mutual exchange and consultation	
m) Annual theme with joint network activities	
n) HPH related research	
o) Information material for PR purposes	
p) Lobbying / alliance-building to improve the national / regional frameworks for HPH (e.g. with health policy, potential sponsors)	
q) Financial support for HPH interventions	
r) Other, which:	

24. If yes, how relevant and how satisfactory is it for your hospital?	
a) Information package on HPH	

b) Regulations and guidelines for national / regional and international HPH membership	<b>Relevance</b> of this service/activity for your hospital (1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all  <b>Satisfaction</b> with this service/activity in your hospital (1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
c) Website with information on HPH	
d) Network Newsletter (either printed or electronic)	
e) Telephone hotline for specific questions	
f) Annual network conference	
g) Specific training on HPH (e.g. on implementation or evaluation issues)	
h) HPH related implementation tools (e.g. guidelines, handbooks)	
i) Consultation for implementation (e.g. on-site consultation)	
j) HPH related evaluation tools (e.g. guidelines, handbook, indicators)	
k) Specific national / regional task force(s) or working group(s)	
l) Peer support to facilitate exchange between members / for mutual exchange and consultation	
m) Annual theme with joint network activities	
n) HPH related research	
o) Information material for PR purposes	
p) Lobbying / alliance-building to improve the national / regional frameworks for HPH (e.g. with health policy, potential sponsors)	
q) Financial support for HPH interventions	
r) Other, which:	

25. In how far do you feel informed about the objectives, services and activities of your national / regional HPH network?	(1) Fully
	(2) Widely
	(3) Partly
	(4) Hardly
	(5) Not at all

26. In how far do you feel involved in the development of your national / regional network?	(1) Fully
	(2) Widely
	(3) Partly
	(4) Hardly
	(5) Not at all

27. According to your opinion: What are effective strategies for national / regional HPH networks to recruit new member hospitals or health care facilities?  <i>Multiple answers possible</i>	(1) Recruitment campaigns (e.g. mailing, information packages)
	(2) Personal contacts (e.g. visits)
	(3) Website of the national / regional HPH Network
	(4) Media Coverage (press, TV)
	(5) Recruitment through health promotion projects offered by the network
	(6) Recruitment through health promotion training offers
	(7) Other, which:

**Part 5: Health promotion structures: How is health promotion institutionalised in your hospital?**

<b>Part 5.1: The role of the HPH coordinator in your hospital</b>	
28. In your function as HPH focal person / coordinator: How much of your working time is officially allocated to HPH?	(1) Non (2) Full-time position (3) Part-time position (4) If part-time, how many hours per week:
29. Apart from being the HPH focal person / coordinator in your hospital: What is your professional background?	(1) Clinician (2) Nurse (3) Hospital manager (4) Quality manager (5) Public health / health promotion specialist (6) Patient support / care manager (7) Other health profession (8) Other, which:
30. In your function as HPH focal person / coordinator: In which organisational unit are you based?	(1) No unit (2) Trust management (3) Hospital management (4) Health promotion (public health) unit (5) Quality management (6) Other, which:
31. In your function as HPH focal person / coordinator: What are your responsibilities?	(1) No (2) Yes
a) Contact person for the national / regional HPH network	
b) Contact person for health promotion issues within the hospital	
c) Managing a health promotion team	
d) Planning health promotion activities in the hospital	
e) Coordinating health promotion activities in the hospital	
f) Evaluating health promotion activities in the hospital	
g) Administering a health promotion budget	
h) Organising / conducting health promotion training for hospital staff	
i) Reporting to executive management	
j) External representation of the hospital's health promotion activities	
k) Other, which:	
<b>Part 5.2: Specific personnel and functions for health promotion in your hospital</b>	
32. Is there an official HPH unit in your hospital?	(1) No (2) Yes
33. Is there an official HPH team in your hospital?	(3) No (4) Yes (5) If yes, how many people belong to the team:
34. Is there an explicit HPH steering committee in your hospital?	(1) No (2) Yes

	(3) If yes, how many people belong to the committee:
35. In case your hospital has a HPH steering committee in place, please specify the participants  <i>Multiple answers possible</i>	(1) Executive management of trust
	(2) Executive management of hospital
	(3) Department chiefs
	(4) Physicians
	(5) Nurses (including assistant nurses)
	(6) Public health / health promotion specialist
	(7) Other health professionals (e.g. therapists, technicians, pharmacists, auxiliary health professionals)
	(8) Administration and support
	(9) All other hospital personnel not included above
	(10) Staff representatives (e.g. labour union)
	(11) Patient representatives (e.g. from patient associations, patient support groups)
	(12) Other, which:
36. Are there any further explicit roles or groups for health promotion constituted in your hospital? (e.g. permanent working groups)	(1) No
	(2) Yes
	(3) If yes, which:
<b>Part 5.3: Health promotion policies</b>	
37. Are there written policies /strategies / standards for health promotion in your hospital?	(1) No
	(2) Yes
	(3) If yes, which:
38. In case your hospital is part of a hospital trust: Are there written policies / strategies / standards for health promotion in the trust?	(1) No
	(2) Yes
	(3) If yes, which:
39. In how far are the following <b>patient-related topics / issues</b> addressed in your hospital by policies / strategies / standards?  <i>(please note: lifestyle-related topics for patients will be asked for in detail in part 6.1 of this questionnaire)</i>	(1) Fully
	(2) Widely
	(3) Partly
	(4) Hardly
	(5) Not at all
	(6) Don't know
	a) Baby-friendly hospital / Breastfeeding
	b) Gender equality
	c) Migrant-friendly hospital
	d) Patient education
	e) Patient empowerment
	f) Patient orientation
	g) Patient participation
h) Patient privacy	
i) Patient rights	
j) Patient safety	
k) Self-help-friendly hospital	

l) Socio-cultural sensitivity in treatment and care	
m) Other, which:	
40. In how far are the following <b>staff-related topics / issues</b> addressed in your hospital by policies / strategies / standards?  <i>(please note: lifestyle-related topics for staff will be asked for in detail in part 6.2 of this questionnaire)</i>	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know
a) Disability management	
b) Diversity management in the workforce	
c) Family-friendly workplace	
d) Gender equality	
e) Lifestyle change	
f) Managing an ageing workforce	
g) Mobbing / bullying prevention at workplace	
h) Occupational health management	
i) Participatory management	
j) Preventing workplace violence	
k) Safety at work	
l) Work satisfaction	
m) Workplace health promotion	
n) Other, which:	
41. In how far are the following <b>hospital setting-related topics / issues</b> addressed in your hospital by policies / strategies / standards?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know
a) Clean air	
b) Healthy architecture, design and landscaping	
c) Latex-free hospital (reduction of allergenic products)	
d) Noise reduction	
e) Providing healthy nutrition	
f) Smoke-free hospital	
g) Sustainable hospital / Green hospital	
h) Traffic reduction	
i) Waste, water and emission management (environmental management)	
j) Other, which:	
42. In how far are the following <b>community-related topics / issues</b> addressed in your hospital by policies / strategies / standards?  <i>(please note: lifestyle-related topics for the community will be asked for in detail in part 6.3 of this questionnaire)</i>	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know
a) Community safety	
b) Corporate social responsibility	
c) Health information policy	
d) Healthcare network policy (network with other care providers)	
e) Healthy alliances policy (including schools, enterprises)	
f) Support for socio-economically disadvantaged groups	
g) Other, which:	

43. In how far are the following <b>guiding principles for health promotion</b> (Rootman et. al., WHO, 2001) addressed in your hospital policies / strategies / standards?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know
a) Empowering (enabling individuals and communities to assume power over their personal, socioeconomic and environmental factors that affect their health)	
b) Participatory (involving all concerned at all stages of the process)	
c) Holistic (fostering physical, mental, social and spiritual health)	
d) Equitable (guided by a concern for equity and social justice)	
e) Sustainable (bringing about changes that individuals and communities can maintain once initial funding has ended)	
f) Multistrategy (using a variety of approaches – e.g. organisational change, community development, advocacy, education and communication – in combination)	
44. In how far are the three <b>basic strategies for health promotion</b> (Ottawa Charter, WHO, 1986) addressed in your hospital policies / strategies / standards?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know
a) Advocating (for making political, economic, social, cultural, environmental, behavioural and biological factors within the area of influence of the hospital favourable to health)	
b) Mediating (between differing interests in society for the pursuit of health)	
c) Enabling (ensuring equal opportunities and resources to enable all people within the hospital's area of influence to achieve their fullest health potential)	
<b>Part 5.4: Health promotion financing</b>	
45. By which sources are your hospital's health promotion expenditures financed?  <i>Multiple answers possible</i>	(1) No explicit financial resources available for health promotion (2) Specific health promotion budget of the hospital (3) Health promotion related expenditures are covered by the overall hospital budget (4) Government / community funding for specific initiatives (5) Funding from health insurances (6) Specific health promotion services are directly refunded (e.g. by social insurance, public payers) (7) Funding is available from specific foundations (8) Specific professional associations (e.g. cardiovascular diseases) provide funding for thematic initiatives (9) Funding from research funds (10) Financial support from the national / regional network (11) Other, which:

46. Does the hospital have an earmarked budget for health promotion? If yes, please state the overall annual amount:	(1) No budget
	(2) Don't know the amount
	(3) Annual amount of health promotion budget (please also state the currency):
47. If the hospital has an earmarked budget for health promotion, please state the percentage of your health promotion budget from the overall annual hospital budget:	(1) Don't know the percentage
	(2) Percentage from annual overall hospital budget:
<b>Part 5.5 Participation and cooperation in health promotion</b>	
48. Does your hospital participate in initiatives for hospitals related to health promotion other than HPH?  <i>Multiple answers possible</i>	(1) No
	(2) European Network of "Smoke-Free Hospitals and Health Services"
	(3) WHO / UNICEF "Baby-Friendly Hospital Initiative"
	(4) „Self-help-friendly Hospital“
	(5) Green Hospital Movement
	(6) Other, which:
49. Which are the local strategic partners for your hospital's health promotion cooperations?  <i>Multiple answers possible</i>	(1) None
	(2) Accreditation agency
	(3) Banks / financial company
	(4) Certification agency
	(5) Charitable institution (e.g. church)
	(6) Health policy agent
	(7) Insurance company
	(8) Local administration / government
	(9) Media
	(10) NGO (Non-Governmental Organisation)
	(11) Member hospitals from our national / regional network
	(12) Other hospitals or health services
	(13) Patient organisation, patient advocacy organisation, self help group
	(14) Pharmaceutical / medical industry
	(15) Professional association
	(16) Public health association
	(17) School
	(18) Research centre (e.g. university department)
	(19) Sponsor
	(20) Staff union
	(21) Other, which:
<b>Part 5.6: Quality development and assessment for health promotion</b>	
50. Does your hospital use quality management systems <b>on the level of the whole organisation</b> (e.g. National quality system, Joint Commission, Baldrige Award, EFQM ...)?	(1) No
	(2) Yes, which:

51. Does your hospital use quality management systems <b>on the level of units / departments</b> (e.g. ISO, Balanced Scorecard ...)?	(1) No
	(2) Yes, which:
52. If yes: Is health promotion integrated into these quality management systems?  <i>Multiple answers possible</i>	(1) No
	(2) Yes, on the level of units / departments
	(3) Yes, on the level of the whole organisation
53. Is there a health promotion quality assessment routine in place?	(1) No
	(2) Yes, "HPH Self Assessment Tool for Health Promotion in Hospitals"
	(3) Other, which:
54. Which data does your hospital routinely capture to monitor the quality of health promotion activities for <b>patients</b> ?  <i>Multiple answers possible</i>	(1) None
	(2) Patients' needs for health promotion and prevention
	(3) Outcomes of health promotion and prevention activities (e.g. percentage of people who stopped smoking)
	(4) Patient satisfaction surveys
	(5) Clinical indicators related to health promotion
	(6) Number of patients educated / trained on health promotion topics
	(7) Patients' health literacy
	(8) Complaint management for patients
	(9) Other, which:
55. Which data does your hospital routinely capture to monitor the quality of health promotion activities for <b>staff</b> ?  <i>Multiple answers possible</i>	(1) None
	(2) Health status of staff
	(3) Health behaviour of staff
	(4) Staff satisfaction
	(5) Short-term absences
	(6) Work-related injuries
	(7) Burnout
	(8) Staff participation rates in health promotion activities of the hospital
	(9) Occupational medical checkups
	(10) Assessment of staff's health promotion knowledge
	(11) Working conditions for staff
	(12) Inspection of equipment, supplies, workspaces
	(13) Other, which:
56. What methods does your hospital use for the implementation of HPH in your hospitals?  <i>Multiple answers possible</i>	(1) Action plans for specific HPH topics
	(2) Staff training to increase health promotion skills
	(3) Health circles
	(4) Monitoring and assessing of health promotion indicators
	(5) Benchmarking

	(6) Participation in cross-organisational health promotion projects
	(7) Health promotion reporting (e.g. annual health promotion report)
	(8) Other, which:
57. What kind of approach describes best the HPH implementation strategy of your hospital?	(1) Occasional specific health promotion projects
	(2) Regular health promotion projects and organisation-wide programs
	(3) Establishing of an own health promotion management system (e.g. special HPH unit or HPH roles)
	(4) Systematic integration of health promotion in existing quality management systems
	(5) Other, which:

## Part 6: Health promotion activity status check

This part of the questionnaire is orientated at the 18 HPH Core strategies, developed by the WHO Working Group „Putting HPH Policy into Action“ (2006).

### 6.1 Patient-oriented strategies (PAT 1-6)

#### Developing health promoting living conditions for patients in the hospital (PAT-1):

58. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital:
a) Patients receive information about general living conditions in the hospital at admission (e.g. welcoming brochure, website)	(1) Fully
b) Patients receive personal counselling and guidance about general living conditions in the hospital at admission by staff (e.g. admission interviews, special admission staff)	(2) Widely
c) Patients' level / ability of self-management is routinely assessed (e.g. by inter-professional admission encounters, by nursing diagnoses)	(3) Partly
d) Privacy for each patient is secured (e.g. confidential information and communication, data protection)	(4) Hardly
e) There are patient-friendly visiting hours	(5) Not at all
f) Caring relatives / friends (e.g. parents, relatives of terminally ill patients) can stay in the hospital	(6) Don't know
g) There are visiting and lay support services for unattended patients	Is strengthened by participation in HPH:
h) The hospital provides psychological assistance to cope with stress or anxieties (e.g. by clinical psychologists, pastoral carers)	(1) No
i) There are patient-friendly day schedules (wake-up times, mealtimes)	(2) Yes, encouraged by our participation in HPH
j) Patients are encouraged to perform physical activity (e.g. by offering a fitness room, walking groups)	(3) Yes, is a specific HPH initiative of our hospital

k) Especially for long-term patients, there is support in maintaining social relationships outside the hospital (e.g. by social workers, by school education for children)	
59. Overall: How do you assess your hospital's activities with regard to developing health promoting living conditions for patients?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
a) In how far is this strategy currently achieved?	(4) Hardly
b) In how far is this strategy important for your hospital's health promotion approach?	(5) Not at all
<b>Encouraging patients' participation, cooperation and co-production in treatment and care (PAT-2):</b>	
60. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital: (1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know
a) Patients are adequately informed about their condition and treatment options as part of routine procedures	Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
b) Treatment decisions are taken on the basis of shared decision-making (jointly by staff and patients)	
c) Information materials for patients about medical tests and procedures (e.g. pamphlets, videos, patient information systems) are available	
d) Information about socio-cultural characteristics of patients (e.g. language, religion, employment status) is routinely collected and recorded	
e) The hospital organisation ensures socio-cultural sensitive patient information, treatment and care	
f) Staff are systematically informed about the hospital's health promotion policies and action plans for patients' participation	
g) The hospital organisation ensures participative patient treatment (e.g. interdisciplinary case discussions, handover)	
h) There is a regular training programme for staff about patient related health promotion skills	
i) Health promotion is part of the hospital's induction training for new employees	
j) Hospital staff is routinely trained in communication skills	
k) Pain management is part of treatment routines	
l) The hospital offers palliative care or end-of-life care	
61. Overall: How do you assess your hospital's activities with regard to encouraging patients' participation, cooperation and co-production in treatment and care?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
a) In how far is this strategy currently achieved?	(4) Hardly
b) In how far is this strategy important for your hospitals health promotion approach?	(5) Not at all
<b>Developing a health promoting hospital setting for patients (PAT-3):</b>	
62. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital: (1) Fully

a) The hospital has an antibiotics policy and professional hygiene management to prevent hospital-acquired infections	(2) Widely (3) Partly (4) Hardly
b) There are measures in place to prevent patient injuries (e.g. falls in the elderly)	(5) Not at all (6) Don't know
c) The hospital has a patient safety program (e.g. medical errors management, risk management, root cause analysis, reporting system for near-misses)	
d) The hospital avoids the usage of potentially harmful products (allergenic materials, polymer plasticisers, PVC, mercury)	Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
e) The hospital protects non-smoking patients against smoke	
f) The hospital provides healthy food for all patients	
g) Dietary needs of patients are adequately cared for	
h) There are infrastructures for patients' leisure time activities (e.g. patient library, lounge rooms, internet café, patient garden)	
i) The hospital surrounding is based on healthy design principles (e.g. noise reduction by soundproof walls, daylight available in patient rooms, daylight lamps)	
j) There is a chapel / prayer room / vestry available for religious patients	
k) The needs of specific groups of patients are considered in the hospital design (e.g. child-friendly surroundings)	
63. Overall: How do you assess your hospital's activities with regard to developing a health promoting hospital setting for patients?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
a) In how far is this strategy currently achieved?	
b) In how far is this strategy important for your hospital's health promotion approach?	
<b>Encouraging patients' health promoting self- management of specific diseases (PAT-4):</b>	
64. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital: (1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know
a) The hospital has routines to identify the disease-specific health promotion needs of patients (e.g. chronic patients, patients with rehabilitation needs)	
b) The hospital provides information, education, counselling or training for patients and relatives to improve the self-management of chronic diseases	
c) The hospital provides information, education, counselling or training for patients and relatives to improve the self-management of mental disorders	Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
d) The health promotion interventions for encouraging patients' health promoting illness management are developed in partnership with patients	
65. For which groups of chronic patients (and their	(1) None

<p>relatives) does the hospital provide information, education, counselling or training to improve patients' self-management of their condition? Please specify:</p> <p><i>Multiple answers possible</i></p>	(2) Arthritis
	(3) Asthma
	(4) Cancer
	(5) Chronic heart diseases
	(6) Chronic oral diseases
	(7) Chronic kidney disease
	(8) COPD
	(9) Dementia / Alzheimer
	(10) Diabetes
	(11) HIV / Aids
	(12) Osteoporosis
	(13) Stroke
	(14) Other, which:
<p>66. For which mental disorders does the hospital provide information, education, counselling or training to improve patients' self-management of their condition? Please specify:</p> <p><i>Multiple answers possible</i></p>	(1) None
	(2) Depression
	(3) Other mood disorders (e.g. dysthymic disorder, bipolar disorder)
	(4) Anxiety (e.g. panic disorder, specific phobias, obsessive-compulsive disorder (OCD), post-traumatic stress)
	(5) Alcohol abuse or dependence
	(6) Other substance abuse
	(7) Eating disorders (e.g. anorexia nervosa, bulimia nervosa)
	(8) Disorders of childhood (e.g. attention deficit hyperactivity disorder (ADHD), oppositional-defiant disorder)
	(9) Others which:
67. Overall: How do you assess your hospital's activities with regard to encouraging patients' health promoting self-management of specific diseases?	(1) Fully
a) In how far is this strategy currently achieved?	(2) Widely
b) In how far is this strategy important for your hospital's health promotion approach?	(3) Partly
	(4) Hardly
	(5) Not at all
<b>Encouraging patients to lead a health promoting lifestyle (PAT-5):</b>	
68. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital:
a) The hospital has routines to identify the lifestyle related health promotion needs of patients (e.g. assessment of health literacy and behaviour, psycho-social-economic status)	(1) Fully
	(2) Widely
	(3) Partly
	(4) Hardly
	(5) Not at all
	(6) Don't know
b) The hospital provides education, counselling or training for patients and relatives to improve the self-management of lifestyle issues and risk factors in general	

c) The health promotion interventions for encouraging patients' health promoting lifestyles are developed in partnership with patients	Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
69. For which lifestyle issues or risk factors does the hospital provide information, education, counselling or training offers for patients (and relatives)? Please specify:  <i>Multiple answers possible</i>	(1) None (2) Alcohol (3) Coping with stress / burnout prevention (4) Drugs & substance abuse (5) High blood pressure (6) High cholesterol (7) Overweight and obesity (8) Physical exercise / physical inactivity (9) Nutrition (e.g. low fruit and vegetable intake) (10) Raised blood sugar (11) Reproductive health (e.g. sexually transmitted diseases, HIV) (12) Tobacco (13) Other, which:
70. Overall: How do you assess your hospital's activities with regard to encouraging patients' health promoting lifestyles?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
a) In how far is this strategy currently achieved?	
b) In how far is this strategy important for your hospital's health promotion approach?	
<b>Developing health promoting living conditions for patients after leaving the hospital (PAT-6):</b>	
71. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital: (1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know  Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
a) The hospital cooperates with other healthcare providers and community services to secure a high level of integrated care in the community	
b) The hospital cooperates with patient organisations / self-help groups	
c) The hospital cooperates with responsible community authorities in order to make public buildings and public transport accessible for handicapped community members	
72. Overall: How do you assess your hospital's activities with regard to developing health promoting living conditions for patients after leaving the hospital?	(1) Fully (2) Widely

a) In how far is this strategy currently achieved?	(3) Partly
b) In how far is this strategy important for your hospital's health promotion approach?	(4) Hardly (5) Not at all

73. Does your hospital provide any other health promotion activities for patients and relatives? If yes, which?	(1) No (2) Yes (3) If yes, which:
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## 6.2 Staff-oriented strategies (STA 1-6)

### Developing health promoting work life for staff (STA-1):

74. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital:
a) Occupational health services (e.g. vaccination, health examination) are available to all staff members	(1) Fully (2) Widely (3) Partly
b) Staff are encouraged to perform physical activity (e.g. fitness rooms, jogging or Nordic walking groups, use of bicycles)	(4) Hardly (5) Not at all (6) Don't know
c) Staff are encouraged to take sufficient breaks (e.g. regeneration, eating)	
d) Staff are offered stress management training (e.g. training in time management)	
e) Staff are encouraged to take part in cultural / social activities (e.g. music / art classes)	Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital

75. Overall: How do you assess your hospital's activities with regard to developing a health promoting work life for staff?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
a) In how far is this strategy currently achieved?	
b) In how far is this strategy important for your hospital's health promotion approach?	

### Encouraging health promoting work processes (STA-2):

76. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital:
a) Staff are systematically informed about specific health promotion goals and concepts for staff	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know
b) Staff are systematically involved in the development of workplace health promotion goals and concepts (e.g. committees, work teams)	
c) There are feedback mechanisms in place to assess the "health promotiveness" of work processes (e.g. staff interviews, team discussions, health circles, "idea boxes")	Is strengthened by participation in HPH: (1) No

d) Executive staff are routinely trained in specific leadership competencies (e.g. conflict management, gratification styles, communication styles)	(2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
e) The hospital aims at continuously improving communication between professions, organisational units and levels of hierarchy	
f) Team coaching, support for team conflict management or other forms of team development are available	
g) There is induction training and / or an orientation phase for all new staff members	

77. Overall: How do you assess your hospital's activities with regard to encouraging health promoting work processes?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
a) In how far is this strategy currently achieved?	(4) Hardly
b) In how far is this strategy important for your hospital's health promotion approach?	(5) Not at all

### Developing a health promoting workplace setting for staff (STA-3):

78. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital: (1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know
a) The hospital fulfils all national / regional legal requirements concerning health and safety at work	Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
b) Occupational risk management is in place (e.g. accidents and injuries, contamination or contact with harmful materials like PVC, latex, mercury, radiation, germs, narcotic gases in operating theatres)	
c) Ergonomic devices (e.g. ergonomic chairs, lifting aids) are available for staff	
d) Staff are offered healthy food choices (e.g. in hospital cafeteria or canteen)	
e) Non-smoking staff members are protected against smoke	
f) There are adequate recreation areas / rooms for staff (e.g. during night shifts)	
g) Work schedules and the assignment of tasks avoid systematic work overload (e.g. by age-specific lengths of shift work, sufficient breaks, not too much overtime)	

79. Overall: How do you assess your hospital's activities with regard to developing a health promoting workplace setting for staff?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
a) In how far is this strategy currently achieved?	(4) Hardly
b) In how far is this strategy important for your hospital's health promotion approach?	(5) Not at all

### Encouraging staff's health promoting illness management (STA-4):

80. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital: (1) Fully (2) Widely (3) Partly (4) Hardly
a) Education and training to prevent / manage musculoskeletal disorders (e.g. back care training, kinaesthetic, ergonomic counselling, lifting techniques)	(4) Hardly

b) Education and training to prevent / manage any other physical health problems related to work (e.g. sleeping disorders)	(5) Not at all (6) Don't know
c) Education and training to prevent / manage psychological health problems (e.g. stress, mobbing, burnout)	Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
d) Support to cope with alcohol consumption or other addictions	
e) Staff are offered vaccination programs (e.g. Influenza, Hepatitis B)	

81. Overall: How do you assess your hospital's activities with regard to encouraging staff's health promoting illness management?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
a) In how far is this strategy currently achieved?	(4) Hardly
b) In how far is this strategy important for your hospital's health promotion approach?	(5) Not at all

### Encouraging staff to lead a health promoting lifestyle (STA-5):

82. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital: (1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know
a) The hospital has routines to identify the lifestyle related health promotion needs of staff	Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
b) The hospital provides education, counselling or training for staff to improve the self-management of lifestyle issues and risk factors in general	
c) The health promotion interventions for encouraging staff's health promoting lifestyle are developed in partnership with staff members	

83. For which lifestyle issues does the hospital provide information, education, counselling or training offers for staff? Please specify:  <i>Multiple answers possible</i>	(1) None (2) Alcohol (3) Coping with stress / burnout prevention (4) Drugs & substance abuse (5) High blood pressure (6) High cholesterol (7) Overweight and obesity (8) Physical exercise / physical inactivity (9) Nutrition (e.g. low fruit and vegetable intake) (10) Raised blood sugar (11) Reproductive health (e.g. sexually transmitted diseases, HIV) (12) Tobacco (13) Other, which:
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84. Overall: How do you assess your hospital's activities with regard to encouraging staff's health promoting lifestyles?	(1) Fully
a) In how far is this strategy currently achieved?	(2) Widely
b) In how far is this strategy important for your hospital's health promotion approach?	(3) Partly
	(4) Hardly
	(5) Not at all

### Developing a health promoting community setting for staff (STA-6):

85. In how far does your hospital meet the following criteria? Are they strengthened by your hospital's participation in HPH?	Is met in our hospital:
a) The hospital cooperates with community institutions to improve staff's management of daily routines (e.g. extended opening hours of community kindergartens, shops, banks, availability of public transport around the clock)	(1) Fully
b) The hospital cooperates with community institutions to support healthy activities of staff (e.g. reduced fees at local sports and fitness facilities)	(2) Widely
c) The hospital supports staff leisure meetings and activities (e.g. sport teams)	(3) Partly
	(4) Hardly
	(5) Not at all
	(6) Don't know
	Is strengthened by participation in HPH:
	(1) No
	(2) Yes, encouraged by our participation in HPH
	(3) Yes, is a specific HPH initiative of our hospital

86. Overall: How do you assess your hospital's activities with regard to developing a health promoting community setting for staff?	(1) Fully
a) In how far is this strategy currently achieved?	(2) Widely
b) In how far is this strategy important for your hospital's health promotion approach?	(3) Partly
	(4) Hardly
	(5) Not at all

87. Does your hospital provide any other health promotion activities for staff? If yes, which?	(1) No
	(2) Yes
	(3) If yes, which:

## 6.3 Community-oriented strategies (COM 1-6)

### Developing access to the hospital for citizens (COM-1):

88. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital:
a) The hospital is reducing waiting time on waiting lists for admission	(1) Fully
b) The hospital is managing waiting lists according to health promoting principles (e.g. equity and social justice, health risk reduction)	(2) Widely
c) Information about hospital admission is easily available for citizens (e.g. on a regional website, hospital website)	(3) Partly
	(4) Hardly
	(5) Not at all
	(6) Don't know

d) The hospital provides specifically targeted information about hospital admission to culturally diverse community groups (e.g. media usage of these groups, information in different languages)	Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
e) The hospital provides specifically targeted information about hospital admission to socio-economically disadvantaged groups (e.g. undocumented persons, persons without health insurance)	
f) General practitioners and other health service providers in the community are adequately informed about hospital admission (e.g. by admission protocols for specific diagnoses)	
89. Overall: How do you assess your hospital's activities with regard to developing access to the hospital for citizens?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
a) In how far is this strategy currently achieved?	
b) In how far is this strategy important for your hospital's health promotion approach?	
<b>Developing health promoting cooperations with services in the region (COM-2):</b>	
90. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital: (1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know  Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
a) Routine procedures / standards for cooperation with other service providers ensure that the hospital receives all relevant patient information at admission	
b) The hospital has routine procedures / standards for multidisciplinary discharge planning in place	
c) Routine procedures / standards for cooperation with other health and social service providers ensure continuous treatment of patients after discharge from the hospital (e.g. timely communication of patient record, written summary of patient's condition and health needs)	
d) Patients and relatives are informed about supportive services of relevance after discharge (e.g. other healthcare providers, local pharmacies, practitioners, community and social services)	
e) Patients and relatives are informed about relevant self-help groups	
f) Patients and relatives are supported in organising adequate aftercare after discharge (e.g. by information, courses, trainings)	
g) Patients / relatives / proxies / peers are supported in applying for financial support, if needed (e.g. for long-term or chronic patients)	
91. Overall: How do you assess your hospital's activities with regard to developing health promoting cooperations with services in the region?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
a) In how far is this strategy currently achieved?	
b) In how far is this strategy important for your hospital's health promotion approach?	

**Developing the hospital as a health promoting environment for the community (COM-3):**

92. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital: (1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know
a) The hospital considers ecological impacts in purchasing goods (e.g. preference of ecological food, bio-degradable cleaning agents)	Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
b) The hospital considers social impacts in purchasing goods (e.g. preference of fair-trade products)	
c) The hospital attempts at reducing its energy consumption (e.g. by insulation of buildings, energy saving equipment, lighting control, renewable energy sources)	
d) The hospital attempts to reduce its water consumption	
e) The hospital attempts to reduce its material consumption (e.g. by reducing one-way equipment, packing material)	
f) The hospital attempts to reduce waste, effluents and emissions (e.g. by recycling of goods, by reducing nuclear, biological and chemical residues)	
g) The hospital reduces private car traffic to (and from) the hospital (e.g. by improving accessibility of the hospital by public transport, by offering free tickets for public transport to staff, by encouraging the use of bicycles or car pool programs)	
93. Overall: How do you assess your hospital's activities with regard to developing the hospital as a health promoting environment for the community?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
a) In how far is this strategy currently achieved?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
b) In how far is this strategy important for your hospital's health promotion approach?	

**Participate in alliances to encourage citizens for a health promoting self-management of specific diseases (COM-4):**

94. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital: (1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know
a) The hospital has routines to identify the disease-specific health promotion needs for citizens (e.g. screening programs)	Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
b) The hospital provides information, education, counselling or training for citizens to improve the self-management of chronic diseases	
c) The hospital provides information, education, counselling or training for citizens to improve the self-management of mental disorders	
d) The health promotion interventions for encouraging community groups' health promoting illness management are developed in partnership with citizens	
95. For which (chronic) physical diseases does the hospital	(1) None

<p>offer information, education, counselling or training to improve prevention or citizens' self-management of their condition? Please specify:</p> <p><i>Multiple answers possible</i></p>	<p>(2) Arthritis</p> <p>(3) Asthma</p> <p>(4) Cancer</p> <p>(5) Chronic heart diseases</p> <p>(6) Chronic oral diseases</p> <p>(7) Chronic kidney disease</p> <p>(8) COPD</p> <p>(9) Dementia / Alzheimer</p> <p>(10) Diabetes</p> <p>(11) HIV / Aids</p> <p>(12) Osteoporosis</p> <p>(13) Stroke</p> <p>(14) Other, which:</p>
<p>96. For which (chronic) mental disorders does the hospital offer information, education, counselling or training to improve prevention or citizens' self-management of their condition? Please specify:</p> <p><i>Multiple answers possible</i></p>	<p>(1) None</p> <p>(2) Depression</p> <p>(3) Other mood disorders (e.g. dysthymic disorder, bipolar disorder)</p> <p>(4) Anxiety (e.g. panic disorder, specific phobias, obsessive-compulsive disorder (OCD), post-traumatic stress)</p> <p>(5) Alcohol abuse or dependence</p> <p>(6) Other substance abuse</p> <p>(7) Eating disorders (e.g. anorexia nervosa, bulimia nervosa)</p> <p>(8) Disorders of childhood (e.g. attention deficit hyperactivity disorder - ADHD, oppositional-defiant disorder)</p> <p>(9) Other, which:</p>
<p>97. Which groups of citizens does the hospital address with prevention and self-management issues?</p> <p><i>Multiple answers possible</i></p>	<p>(1) None</p> <p>(2) Adults in general</p> <p>(3) Adults in specific workplaces</p> <p>(4) Cultural communities</p> <p>(5) Socio-economically disadvantaged</p> <p>(6) Children in general</p> <p>(7) Children in kindergartens / schools</p> <p>(8) Men</p> <p>(9) Women</p> <p>(10) Other, which:</p>
<p>98. Overall: How do you assess your hospital's activities with regard to participation in alliances to encourage citizens for a health promoting self-management of specific diseases?</p> <p>a) In how far is this strategy currently achieved?</p> <p>b) In how far is this strategy important for your hospital's health promotion approach?</p>	<p>(1) Fully</p> <p>(2) Widely</p> <p>(3) Partly</p> <p>(4) Hardly</p> <p>(5) Not at all</p>

**Participate in alliances to encourage citizens to lead a health promoting lifestyle (COM-5):**

99. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital:
a) The hospital has routines to identify the lifestyle related health promotion needs in the community (e.g. screening programmes)	(1) Fully
b) The hospital provides education, counselling or training for (specific groups of) citizens to improve the self-management of lifestyle issues and risk factors in general (e.g. media campaigns, health fairs)	(2) Widely
c) The health promotion interventions for encouraging citizens' health promoting lifestyles are developed in partnership with the citizens	(3) Partly
	(4) Hardly
	(5) Not at all
	(6) Don't know
	Is strengthened by participation in HPH:
	(1) No
	(2) Yes, encouraged by our participation in HPH
	(3) Yes, is a specific HPH initiative of our hospital
100. For which lifestyle issues or risk factors does the hospital provide information, education, counselling or training offers for citizens? Please specify:  <i>Multiple answers possible</i>	(1) None
	(2) Alcohol
	(3) Coping with stress / burnout prevention
	(4) Drugs & substance abuse
	(5) High blood pressure
	(6) High cholesterol
	(7) Overweight and obesity
	(8) Physical exercise / physical inactivity
	(9) Nutrition (e.g. low fruit and vegetable intake)
	(10) Raised blood sugar
	(11) Reproductive health (e.g. sexually transmitted diseases, HIV)
	(12) Tobacco
	(13) Other, which:
101. Which groups of citizens does the hospital address with healthy lifestyle and prevention issues?  <i>Multiple answers possible</i>	(1) None
	(2) Adults in general
	(3) Adults in specific workplaces
	(4) Cultural communities
	(5) Socio-economically disadvantaged
	(6) Children in general
	(7) Children in kindergartens / schools
	(8) Men
	(9) Women
	(10) Other, which:
102. Overall: How do you assess your hospital's activities with regard to participation in alliances to encourage citizens for a health promoting lifestyle?	(1) Fully
a) In how far is this strategy currently achieved?	(2) Widely
b) In how far is this strategy important for your hospital's health promotion approach?	(3) Partly
	(4) Hardly
	(5) Not at all

**Participate in alliances to develop health promoting community settings (COM-6):**

103. In how far does your hospital meet the following criteria? Are these criteria strengthened by your hospital's participation in HPH?	Is met in our hospital: (1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all (6) Don't know
a) Health promoting community development and community capacity building is part of the hospital's mission	
b) The hospital cooperates with other health promotion initiatives (e.g. with Healthy Cities, Healthy Workplaces / Enterprises, Health Promoting Schools, Health Promoting Prisons)	
c) The hospital participates in health-related social, cultural and welfare initiatives (e.g. in the context of local / regional health policy)	
d) Hospital data are utilised to identify relevant health problems in the community (e.g. by accident registration, regional health reporting, supporting priority-setting for health related initiatives including accident prevention programs)	Is strengthened by participation in HPH: (1) No (2) Yes, encouraged by our participation in HPH (3) Yes, is a specific HPH initiative of our hospital
104. Overall: How do you assess your hospital's activities with regard to participation in alliances to develop health promoting community settings?	(1) Fully (2) Widely (3) Partly (4) Hardly (5) Not at all
a) In how far is this strategy currently achieved?	
b) In how far is this strategy important for your hospital's health promotion approach?	
105. Does your hospital provide any other health promotion activities for the community? If yes, which?	No Yes If yes, which:

**Part 7: Supportive and hindering factors for the implementation of health promotion in the hospital**

106. According to your opinion, how supportive or hindering have the following aspects been for supporting the implementation of health promotion in your hospital?	(1) Very supportive (2) Supportive (3) Neither nor (4) Hindering (5) Very hindering
a) Trust policy	
b) Hospital policy	
c) Financial resources	
d) Personnel resources	
e) Health promotion knowledge and skills of staff	
f) Common understanding and shared vision of health promotion in the hospitals	
g) Wide acceptance of health promotion among employees	
h) Interest / support from patients	
i) Support from executive management	
j) Support from trust / owner	
k) Support from (health) policy	

l) Availability of instruments / implementation tools for health promotion (e.g. handbooks, standards, guidelines)	
m) Evidence (health impact) for health promotion interventions	
n) Membership in the national / regional HPH network	
o) Hospital has a clear mandate for health promotion (e.g. by law)	
p) Other, which:	
<b>Part 8: Final Questions</b>	
107. According to your opinion: Is HPH a top priority for your hospital?	(1) Fully
	(2) Widely
	(3) Partly
	(4) Hardly
	(5) Not at all
	(6) Don't know
108. According to your opinion: In how far is health promotion implemented in your hospital today?	(1) Fully
	(2) Widely
	(3) Partly
	(4) Hardly
	(5) Not at all
	(6) Don't know
109. I completed this questionnaire ...	(1) Alone
	(2) Other, which:
110. In case of need for follow-up questions, please give your name, function and e-mail contact	(1) Name
	(2) Function / Role
	(3) E-Mail

**Thank you very much for completing the questionnaire!**