



Newsletter

No 51 – August 2011

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Editorial

Dear reader,

We hope to find you back well and energetic after a relaxing summer break. This Newsletter edition invites you to the 20th HPH conference that will take place from April 11-13, 2012 in Taipei, Taiwan, as the first HPH conference outside Europe. Please reserve the date!

In the partners section, we present a new hospital emergency response checklist recently launched by WHO-Euro. In the members section, please find latest news from the HPH task forces on HPH and environment and on Health Promotion for Children & Adolescents in Hospitals & Health Services, as well as from the working group on workplace health promotion. Furthermore, projects, conferences and events from the HPH networks in Taiwan and Thailand are presented.

As always, your feedback to the Newsletter is very welcome. If you wish to submit a contribution for the next issue, please do so until October 20, 2011!

Sincerely yours,

*Jürgen M. Pelikan,
 Christina Dietscher, Vienna*

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International HPH Network



The 20th International HPH Conference will be held in Taipei, Taiwan, from April 11-13, 2012, as the first HPH conference outside Europe.

The program is currently being developed under the working title “**Health promoting healthcare in a changing world: Innovating service provision, healthcare management and health systems design**”. Needs and options for adapting health services and systems to the increasing inequalities in health, to the rising challenge of non-communicable diseases and to climate change will be among the main conference topics. Satellite events, including a HPH summer school and a pre-conference on smoke-free hospitals, will also be organized. The conference will offer unique opportunities to participants from all continents to meet high-ranking international speakers and to share knowledge and experiences on health promotion in health services in different health systems around the globe. Participants will also have the chance to visit Taiwanese hospitals onsite and to learn from best practice in the conference’s host country.

The conference will be hosted by the Taiwan Department of Health and its Bureau of Health Promotion together with the Taiwan Society of Health Promoting Hospitals. Due to generous support from the Taiwanese Government, conference fees will be kept at a low level. The local hosts and the Scientific Committee look forward to meeting you in Taipei in April 2012!

Watch out for the Call for Papers which will be online by the end of September 2011 at <http://www.hphconferences.org/taipei2012>

News from HPH Partner Organizations



Climate change and resulting extreme weather conditions, together with the increasing competition of the growing world population for scarce resources, have increased the likelihood of emergency and disaster, including wars. The potential health impacts are immense, and hospitals – with their critical role in providing communities with essential medical care – have to react. For this purpose, WHO-Euro launched an emergency response checklist.

The increase in service demand a disaster can bring about can overwhelm the functional capacity and safety of hospitals and the healthcare system at large. WHO-Euro's hospital emergency response checklist comprises current hospital-based emergency management principles and best practices and integrates priority action required for rapid, effective response to a critical event based on an all-hazards approach. The tool supports hospital managers and emergency planners in achieving:

- continuity of essential services;
- well-coordinated implementation of hospital operations at every level;
- clear and accurate communication;
- swift adaptation to increased demands;
- the effective use of scarce resources; and
- a safe environment for healthcare workers.

References to selected supplemental tools, guidelines and other applicable resources are provided. The principles and recommendations included in this tool may be used by hospitals at any level of emergency preparedness. The checklist is intended to complement existing multisectoral hospital emergency management plans and, when possible, augment standard operating procedures during non-crisis situations.

The English version of the document is available for download at

http://www.euro.who.int/_data/assets/pdf_file/0020/148214/Hospital_emerg_checklist.pdf

News from HPH Networks, Task Forces and members



During the 19th International HPH Conference (held in Turku, Finland, from June 1-3, 2011), many environment-related dialogues took place and produced fruitful and remarkable outcomes.

To start with, the 3rd Meeting of the Task Force on HPH and Environment, held on June 2nd, discussed the current progress and future plans for achieving the Terms of Reference of the Task Force. Then, a HPH and Environment Symposium was held on June 3rd. Experts from NGOs, government organizations and hospitals convened at the symposium to share their experience on promoting environment-friendly health care, as well as contributing valuable suggestions at the previous day's TF meeting. Experts on environment and healthcare congregated at the meeting and the symposium, which included Ms. Anja Leetz and Dr. Pendo Maro from Health Care Without Harm; Ms. Sonia Roschnik from the National Health Service of the United Kingdom; Ms. Marie-France Noël from McGill University Hospital Centre, Canada; Dr. Michael TK Wong from the Khoo Teck Puat Hospital of Singapore, and Dr. You-Chen Chao from Tzuchi Hospital, Taipei Branch of Taiwan. The enthusiastic sharing of knowledge and experiences by the speakers also inspired some participants to express their interest to join the Task Force.

In addition, there were 2 oral presentations, 1 oral mini presentation and 7 posters during the main HPH conference that addressed environment-related health issues. These progresses demonstrated the burgeoning awareness of the health sector to recognize climate change as a relevant action area and to mandate actions to address the impacts of climate change.

The presentation files of the Symposium are now available for downloading on the TF website:

http://www.hphnet.org/index.php?option=com_content&view=article&id=143%3Atf-on-hph-a-environment&catid=20&Itemid=95

In addition, Ms Anja Leetz wrote an informative account of the Symposium on the HCWH Europe Blog, in which she briefly introduced the concepts of HPH and provided a few excerpts of model hospital presentations from the Symposium:

<http://hcwheurope.wordpress.com/2011/07/20/what-can-we-learn-from-the-health-promoting-hospitals-network/>

For the 20th International HPH Conference, due to take place in Taiwan in April 2012, we welcome more hospitals and organizations around the world to join us and work together to mitigate climate change.

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**Task Force on HP
for Children &
Adolescents**
Invitation for participation

The Task Force on Health Promotion for Children and Adolescents in and by Hospitals and Health Services (HPH-CA) is promoting a collection of good practices on two issues:

- a) **Good Practices on health promotion for children and adolescents in and by hospitals and health services.** The aim of this collection of Good Practices is to produce evidence of practice and share experience in this field of work, within and outside the HPH Network.
- b) **Good Practices on respecting children's rights in hospital.** This collection of good practices aims at learning, disseminating and exchanging hospitals' and health services' experiences in assessing, improving and working around the respect of children's rights in hospitals and health services.

All interested Hospitals and Health Services are invited to visit the Task Force's website at: <http://www.hphnet.org/> > Members > Task Forces > HP for Children & Adolescents in & by Hosp

The practices will be made available on the website as of reception. They will also be compared, once we have received a significant number.

Thank you for your interest and cooperation!

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Winning Strategies for Creating a Healthy Workplace

The International HPH Working Group on Health Promotion for Staff / Healthy Workplaces fulfilled its mission with the publication of the Guide to Promoting Healthy Workplaces in Healthcare Institutions. A presentation and workshop were given by the leader of the working group, Mr. Louis Côté (CA) with two members, Mrs. Ruedi Wyssen (CH) and Dr Filippou Filippidis (GR) on the topic at the 19th International HPH Conference in Turku, Finland. In addition, all conference participants were given a USB drive containing the Guide.

This document constitutes a reference tool to support healthcare institutions in their efforts to implement Standard 4 of the International Network of Health Promoting Hospitals and Health Services. It comes at a time when many such institutions are confronted with significant workforce attraction and retention issues.

Founded on expert consensus, the *Guide to Promoting Healthy Workplaces in Healthcare Institutions* provides managers and those in charge of health promotion with a fresh perspective and ample information to help them implement an integrated healthy workplace promotion program. The content is based on the review of over 200 bibliographical references and upwards of 40 projects that have been carried out by healthcare institutions.

Readers will learn that a successful workplace health promotion program becomes possible when the implementation approach used is participatory and when the program itself is multi-strategic and consistent with the institution's other orientations.

The Montreal HPH Network and the International HPH Network wish to gratefully acknowledge the members of the Working Group for their contribution to the creation of this document.

Download the English version of the Guide to Promoting Healthy Workplaces:

<http://hps.santemontreal.qc.ca/en/documentation/hph-tool-box/standard-4-guide-to-promoting-healthy-workplaces/>

Download the French version of the Guide to Promoting Healthy Workplaces:

<http://hps.santemontreal.qc.ca/documentation/boite-a-outils-hps/norme-4/>

View the list of members of the International Working Group on Health Promotion for Staff/Healthy Workplaces:

http://hps.santemontreal.qc.ca/fileadmin/hps/boite_outil/HPH_Working_Group_on_Health_Promotion_for_Staff_list_Members.pdf

View the presentations given at the 19th International Conference on Health Promoting Hospitals and Health Services:

<http://hps.santemontreal.qc.ca/en/events/international-hph-conferences/june-1-3-june-2011-turku-finland/>

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Taiwan:

Fitness plans for Taipei hospital employees

In order to understand the fitness condition of the employees of Taipei Wan Fang Hospital, we analyzed data from employees' fitness tests and established personal fitness profiles. The outcome of this study may serve as a reference for developing a policy for promoting workplace health promotion in the future.

The test fitness activities were attended by 38.3% of hospital staff (total of 612 examinees); reasons for not completing the fitness test included lower back or foot injury, pregnancy or physiological reasons. In the flexibility test, 18.6% displayed poor flexibility. In the three-minute stair-climbing test, 11% displayed poor cardiopulmonary endurance. With regard to body-mass index, 45.5% were slightly underweight, 29.5% displayed overweight tendencies. Based on a Pearson Product-Moment Correlational analysis, there is a positive relationship between cardiopulmonary endurance, flexibility, and muscle endurance of the examinees ($P < 0.01$). In other words, cardiopulmonary endurance exerts influence on the results of the flexibility test and muscle endurance performance.

The following measures for improvement were taken:

1. Implementation of "Health fitness improvement and prevention of sport injuries" lectures to advocate exercise and health promotion
2. Collaboration with Rehabilitation Department to provide Pilates lessons to medical staff
3. Post exercise regimens on-line for all staff to download

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Taiwan:

Impressions from the 1st Conference on Smoke-Free Hospitals

Inspired by the Taiwan Bureau of Health Promotion and organized by the Taiwan College of Healthcare Executives, the first Taiwanese Conference on Smoke-Free Hospitals, titled "Smoke-free, Quality, Qualia and Innovation", took place from August 16-17, 2011, in Taipei, Taiwan. With around 300 visitors, the event was a great success.

On the first conference day, after an award ceremony for the first 53 smoke-free hospitals in Tai-

wan, including 32 gold-level organizations, the program featured numerous high-ranking speakers from Taiwan, including the Taiwanese Minister of Health Dr Wen-Ta Chiu, Dr. Shu-Ti Chiou (Director General, Taiwan Bureau of Health Promotion), Prof. Yaw-Tang Shih (President of the Taiwan College of Healthcare Executives), Prof. Chi-Pang Wen, (Taiwan Medical Alliance for the control of Tobacco / National Health Research Institutes), and guest speakers from Europe, including Christa Rustler (German Smoke-Free Hospitals Network and International HPH Task Force "Tobacco-Free United"), Ann O'Riordan (Chair, International HPH Task Force "Tobacco-Free United"), Miriam Gunning (HPHS Network Ireland), Cristina Martinez (Coordinator, ENSH-Global Network for Tobacco-free Healthcare Services) and Christina Dietscher (WHO Collaborating Centre for Health Promotion in Hospitals and Health Services).

Issues covered included necessary national policy links and structures for implementing smoke-free hospitals (with presentations on experiences in Taiwan, Catalonia and Ireland), the mutual support between health promoting and smoke-free hospitals in implementing high level smoke-free services, and necessary preconditions and attitudes for successful innovation towards smoke-free hospitals. Furthermore, the global gold level process for smoke-free hospitals and the challenge of engaging healthcare professionals in the movement were presented and discussed.

The second conference day continued with recommendations on implementing smoke-free hospitals and presentations on concrete experiences in four Taiwanese hospitals given by Ming-Huang Chiu, Chief, Division of Pulmonology, Cathay General Hospital; Pei-Hsuan Weng, Physician, Department of Family Medicine, Taiwan Adventist Hospital; Meng-Shuo Shen, Assistant Director, Department of Geriatric Medicine, Landseed Hospital; and Hsin-Pei Tang, Director, Addiction and Forensic Psychiatry, Jianan Mental Hospital Department of Health.

Following the conference, the European guest speakers had the special opportunity for site visits to four Taiwanese gold-level hospitals – Landseed Private Hospital, Jianan Mental Hospital, Cathay General Hospital and Taiwan Adventist Hospital. During the site visits, visitors, management and staff engaged in lively discussion and exchange on experiences with implementing smoke-free hospi-

tals. The highly professional approaches, the enthusiasm of staff and volunteers encountered during the visits, the motivation of patients and the great hospitality experienced will remain unforgettable.

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Thailand:

HPH Winter School 2012 in preparation

A HPH Winter School will take place from December 12-15, 2011, in Bangkok, Thailand. Participants will have the chance to participate in a program with highly qualified speakers, including representatives of WHO SEARO, the Thai health administration, health scientists and public health experts from Thailand, the International HPH Secretariat and different HPH networks. Site visits to hospitals in Thailand will also be organized.

For further information, please contact the Thai HPH Network at workingage@hotmail.com

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Events, publications, links



Conferences & Meetings: *HPH and HPH partners*

HPH events

20th International Conference on Health Promoting Hospitals and Health Services (HPH)

April 11-13, 2012, Taipei, Taiwan

www.hphconferences.org/taipei2012

Events of HPH partners and other organisations

Community care – a blessing or a curse

September 24-25, 2011, Basel, Switzerland

http://www.eufami.org/index.php?option=com_content&task=view&id=839&Itemid=223

WHO World Conference on Social Determinants of Health

19-21 October 2011, Rio de Janeiro, Brazil

http://www.who.int/social_determinants/events/world_conference_2011/en/index.html

Public health and welfare – welfare development and health

Copenhagen, Denmark

November 10-12, 2011

Deadline for abstract submission: May 1, 2011

www.eupha.org/site/upcoming_conference.php

The 13th Triennial World Congress on Public Health

Towards Global Health Equity: Opportunities and Threats

April 21-29, 2012, Addis Ababa, Ethiopia

Abstract Submission Deadline: October 21, 2011

Further information:

<http://wfpha.confex.com/wfpha/2012/cfp.cqi>

15th World Conference on Tobacco or Health (WCTOH)

Towards a Tobacco-Free World: Planning globally, acting locally

Singapore

March 20-24, 2012

<http://wctoh2012.org/>



Books, articles & reports *HPH and HPH partners*

Articles

Al-alawy K., Roche T., Alwali W. (2011): **Implementing public health in secondary care: A Rotherham perspective on strategy development and implementation.** In: Perspectives in Public Health 131 (3), 137-143

Lee W.L., Tsai S.H., Tsai C.W., Lee C.Y. (2011): **A study on work stress, stress coping strategies, and health promoting lifestyle among district hospital nurses in Taiwan.** In: Journal of Occupational Health (Advance Publication).

http://www.istage.ist.go.jp/article/joh/advpub/0/1107180196/_pdf

Svedberg P. (2011): **In what direction should we go to promote health in mental health care?** In: International Journal on Qualitative Studies on Health and Well-being. 6 (2), doi: [10.3402/qhw.v6i2.7118](https://doi.org/10.3402/qhw.v6i2.7118)



Links & Web-tools

International HPH Secretariat

and WHO Collaborating Centre for Evidence-Based Health Promotion in Hospitals

Director Hanne TONNESEN (DK)

<http://www.hphnet.org>

HPH Conference Secretariat

and WHO Collaborating Centre for Health Promotion in Hospitals and Health Care

Director Jürgen PELIKAN (AT)

<http://www.hphconferences.org>

<http://www.hph-hc.cc>

HPH Task Force on Health Promoting Psychiatric Health Services

Chair Hartmut BERGER (DE)

<http://www.hpps.net/>

HPH Task Force on Health Promotion for Children and Adolescents in & by Hospitals

Chair Ana GUERREIRO (PT)

http://www.hphnet.org/index.php?option=com_content&view=article&id=294%3Ahp-for-children-a-adolescents-in-a-by-hospitals-&catid=20&Itemid=95

HPH Task Force on Migrant-friendly and Culturally Competent Hospitals and Health Services

Chair Antonio CHIARENZA (IT)

http://www.ausl.re.it/HPH/FrontEnd/Home/Default.aspx?channel_id=38

HPH Task Force “Tobacco-free United”

Chair Ann O’RIORDAN (IE)

<http://www.ensh.eu/ensh/racine/default.asp?id=980>
<http://www.facebook.com/group.php?v=wall&gid=357231931900>

HPH task force on alcohol and alcohol interventions

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HPH task force on environment:

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http://www.hphnet.org/index.php?option=com_content&view=article&id=143%3AAtf-on-hph-a-environment&catid=20&Itemid=95

List of national / regional HPH networks

http://www.hphnet.org/index.php?option=com_flexicontent&view=flexicontent&Itemid=18

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Call for papers for # 52

If you have news about HPH projects, past or upcoming events & conferences, publications, health promotion strategies or health promotion research from regional HPH networks, HPH task forces, single health promoting health care organisations, or HPH partner organisations (WHO, etc.), you are heartily invited to contribute to the HPH Newsletter!

Guidelines for submission

Please send contributions of **max. 200 words**, outlining your message, and, if possible, a web link to extended information, to Ms. Christina Dietscher, WHO Collaborating Centre for Health Promotion in Hospitals and Health Care, Vienna, Austria, preferably as an e-mail attachment

vienna.who-cc@hphconferences.org

Deadline for contributions to # 52 will be **October 20, 2011**.